



News in the New Year



Do you find checking the news in the morning as daunting a task as I do? I wake up, grab my phone to check the news apps, and immediately

become flooded with anxiety and distress over today's news and the political acrimony swirling around us.

One solution might be to avoid the news altogether. Yet, a rabbi I follow on social media has suggested another approach that I find transformative. Rabbi Irwin Keller suggests a meaningful practice whose goal "is to come away from reading the news not incapacitated by dread and despair, but instead feeling moved, strong, loving, and resolute."

**

Before reading the news, try some version of these words:

Elohai neshamah shenatata bi tehorah hi.

My God, the soul you have placed in me, is pure and vulnerable. I am afraid that looking at today's news will be painful. Encircle me in a

robe of light so that I can witness the wounds of the world without being wounded myself. Let me learn what I need to know in order to be of my greatest use without being overwhelmed by despair. I feel your protective light now as I open myself to the world's suffering and the world's joys.

After reading the news: *Ribono shel Olam*, I am Yours, and all that is in this world is Yours. Today I have read stories and seen images, but my knowledge is incomplete. I don't know how it all connects. But I know I am connected to everyone; I take joy in their joy; I suffer with their suffering. If there is no role for me to play today, then let my learning leave me wiser and better prepared. If there is a role for me to play, let clarity rise up in me to see it, even if that role is a humble one. *Uma'aseh yadeynu konenehu*. Lift up the work of my hands in anything they might do for peace, for justice, for the wholeness of our planet, or for the betterment of my community. [Add here a prayer for healing a specific suffering you read about.] *Barukh Atah Adonai, shomea tefilah*. Blessed are You Who receives my prayer.

Closing Action:

A simple act may follow the words above: putting money in a *tzedakah* box, posting encouragement to peacemakers online, reposting an article of support on your social media sites, sitting with breath, walking, moving, cooking, journaling. This doesn't need to be a major project but a clearly defined moment of integration.

**

I find this practice to be a *Tikkun* (a repair) and a tangible act of equanimity. Our teens sing a Hebrew song at camp, "*Lo alecha hamlichia ligmor...* [Rabbi Tarphon used to say] 'It is not your duty to finish the work, but neither are you at liberty to ignore it.'" Perhaps if we refocus ourselves from helplessness to action, we can do our small share to repair the world, help ourselves and bring Rabbi Tarphon's words to life. May the news for you be sweeter in the New Year we approach.

Shalom,

Rabbi Judy Chessin



THE LIGHT

Published monthly by
Temple Beth Or
5275 Marshall Rd.
Dayton OH 45429

www.templebethor.com
Phone: (937) 435-3400

RABBI

Judy Chessin

ASSISTANT RABBI

Ben Azriel

ADMINISTRATOR

Donna Brodnick

COMMUNICATIONS COORDINATOR

Gayle Jenkins

OFFICERS

Jake Elder, President
Mark Gruenberg, Vice President
Stephanie Kirtland, Secretary
Marc Siegel, Treasurer

MEMBERS AT LARGE

Rachel Booth Scot Denmark
John Granby Stuart Merl
Ira Segalewitz Shara Taylor
Evan Weiss

COMMITTEE CHAIRS

Facilities: Dave Verson
Adult Education: Ruth Schumacher
Donor Development: Caryl Segalewitz
Fund-raising: Ellen Holroyd
Member Services: Ellen Holroyd
Personnel: Jane Briskin
Security: Bill Fried
Volunteers: Paula Gessiness
Cemetery: Don Weckstein &
 Caryl Weckstein

Our Lives

Do you have news or need prayers? Contact the Temple office at 937-435-3400 to share a birth, marriage or seek get-well wishes. Your congregation cares about you!

The congregation sends prayers of *Refuah Shlema* to:

Madalyn Ammons, Arlene Graham, Benjy Klein, Martin Robins, Carla Scherr, Laurie Verson, and Peter Wells.

The Congregation extends its deepest sympathy to Janet Sherman and family on the passing of Dr. Marc E. Low

September *Yahrzeit* Remembrances

Temple Beth Or remembers our loved ones on the Sabbath nearest the anniversary of their passing or *yahrzeit*. The following names will be read during services this month.

September 2

Edward Nieman 8/31
Lillian S. Cream 9/1
Morris Fishman 9/1
Robert Gordon 9/1
Beatrice Grossman 9/1
Faye Siegel 9/1
Lewis Plotkin 9/3
Adam Spalter 9/3
Gustav Carsch 9/4
Thelma Karp 9/4
Mary Seidenschmidt 9/4
Scott Nelson 9/5
Eddie Rose 9/6

September 9

Tom Carsch 9/7
Abraham Moltz 9/7
Mindy Ross Lakin 9/8
Jean Ballon 9/9
Kurt S. Farnbacher 9/9
Howard Kolodny 9/9
Aaron Lauber 9/9
Ellie Waldbaum-Baier 9/9
Martin Cauper 9/10
Randal Knight 9/10
Richard Lyden 9/11
Max Scheiner 9/11
Isaac Kruke 9/12
Jerome Sherman 9/12
Radene Goldberg Stump 9/12
Hilda Davis 9/13
James H. Fortner 9/13

September 16

Jean Shwartz 9/14
Freda Swillinger 9/14
Miriam Burte 9/15
Gilbert Cramer 9/15
Kayla Klein 9/16
Sol J. Weiner 9/16
Randal Knight 9/17
Stanley Goldberg 9/18
Cecelia Spiegelman 9/20

September 23

Malcolm Block 9/21
David Shapiro 9/22
Sam Simon 9/22
Pasha Bettman 9/23
Senia Katz 9/23
Frank Steiner 9/23
Ann Arnoff 9/24
Tina Marie Kleinman 9/24
Joel L. Bernstein 9/25
Gus Holstine 9/25
Pat Factora 9/26
Jerome Lehrer 9/26
Melia Levine 9/26
Ruth Penn 9/26
Leah Gerber 9/27
Ted Halasz 9/27
Bill Lanham 9/27
Sam Novick 9/27

September 30

Robert Fortner 9/28
Paul Molnar 9/28
Herbert Strauss 9/28
Sarah Silverman 9/30
Richard Clair 10/1
William Alfred Clark 10/1
Martin J. Dicker 10/1
Leo Finkelstein, Jr. 10/1
Lou Droz 10/2
Morton Gross 10/2
Mildred Sanderson 10/2
Dr. Harry H. Epstein 10/3
Sarah Karp 10/3
Aliya Rachel Lindsay 10/3
Lester Stein 10/3
Allen Blodgett 10/4
David Fishman 10/4
Margot Marx 10/4
Allan Schulman 10/4

We Couldn't Do It Without You!

Temple Beth Or could not accomplish anything without teamwork. Thanks to every contribution of prayer, time and funds, we can fulfill our mission of being a warm, welcoming place for ALL.

Financial Donations

General Fund

In Memory of:

Richard Gruber

Claudia and Bill Fried

In Honor of:

Sandy and Bob Lachman's 65th Anniversary

Marsha and Stephen Goldberg

Rabbi Chessin's Leadership

Dr. and Mrs. Kim Goldenberg

In Memory of:

Dr. Steven Cohen

Claudia and Bill Fried

Dr. Milton Nathan and Ritva Williamson

Laura and Marc Friedman

Marni Flagel

Richard Gruber

ROMEO'S

Dr. Milton Nathan and Ritva Williamson

Harry Levenson

Jeanne Nathan

Rabbi's Discretionary Fund

In Honor of:

Art Greenfield's Significant Birthday

Linda and Dennis Patterson

Felix Garfunkel

In Memory of:

Marc Low

Jan Sherman

Music Fund

In Honor of:

Art Greenfield's Special Birthday

Sandy and Bob Lachman

Sandy and Bob Lachman's 65th Anniversary

Caryl and Don Weckstein

Campership Fund

In Memory of:

Steven Cohen

Muff and Alan Steinharter

Temple's many funds provide a meaningful way to mark the life cycle events we all experience. From a birth to a graduation, from the recovery from an illness to a promotion or marriage, we all experience joy and sadness throughout our lives. To express your caring and concern, please send your tribute card and minimum \$10 donation to the Temple office. All donations are tax deductible.

Special Thanks to Lay-Leaders



Temple Beth Or thanks our lay-leaders for hosting services this summer:

Dr. Marty Jacobs

Renee Peery

Mary 'Mahira' Rogers

The Temple Beth Or Choir

Eva Clair

Ira Segalewitz

Updated Temple Beth Or Covid Guidelines

General guidelines:

Masks are no longer mandatory at Temple Beth Or. Individuals may choose to wear them as desired. Masks will be available at the door. Social distancing and hand-washing remain important facets of protection. For those who cannot attend in person, most services will be streamed on Zoom, Facebook, and YouTube.

Dining guidelines:

All personnel involved in food preparation should wear masks and gloves. Utensils should be used for the distribution of food or snacks. Whenever possible, servers should be distributing food. Tables will continue to include 6 people at an 8-person table, and 8 people at a 10-person table.

Another Year Shall Rise!



Makor 2022-2023 is around the corner, and we couldn't be more excited to welcome our students back for another

year of amazing Jewish education.

Together, we braved the last two years of *Makor*, which involved meeting online, wearing masks, social distancing, staying in pods, and other preventative measures to keep our students and teachers safe. We achieved our goal of providing incredible, meaningful Jewish education in a safe and healthy environment. In the year ahead, we will continue to stay vigilant in our efforts to maintain a safe and healthy *Makor* community. The Jewish ideal of *pikuach nefesh*, to save a life, is critical to us — we will never sacrifice anyone's safety or wellbeing.

We are happy to welcome you to register now!

Please visit:

<https://tinyurl.com/MakorReg22>

We look forward to seeing everyone on September 18th, when we will have a drop-in, welcome back brunch, song session, and activities, along with the opportunity to register for anyone who might still need



to do so. Our first day of official class will be on October 2nd.

A schedule of all sessions can be found on page 5 and online at:

<https://tinyurl.com/Makor22>.

Thank you to all of those who gave feedback regarding the last years of *Makor*; we look forward to growing and building upon the successes of the past to have a thriving community in the future. Through your feedback, we have made a couple of small changes to our program. Sunday morning sessions will run from 9:30 a.m. until noon for all ages. We have added two additional sessions throughout the year to make up for the slightly shorter day. In addition, we will begin each day with a five-minute, all-school, gathering in Levin Hall. We welcome parents to stay for our morning gathering and

to then schmooze for as long as you wish with a bagel or coffee.

We are excited to be working on parents' group programming four times throughout the year. Our first parents' group will be on October 16th from 10 to 11am.

HEBREW

We heard your desire to continue the model that we started last year for Hebrew education. Students and families will be able to choose either in-person Hebrew education, which will follow *Makor* and end at 1:30 p.m. (pizza lunch included). Alternatively, families who wish to continue with Zoom one-on-one Hebrew will be invited to do so.

Looking forward to enjoying another amazing year ahead!

B'shalom,

Rabbi Azriel

Makor Registration 2022-2023

Makor registration for the 2022-2023 academic year is now open. Please know, if finances are a reason holding you back from registering, that we have multiple avenues for helping those in need to afford a Jewish education for their kids.

Remember: You do not need to pay for *Makor* at the time of your registration.

If you anticipate needing help paying for *Makor* into next year, also keep in mind that we can offer tuition scholarships through our SABA fund. The deadline for



requesting SABA funds is October 1. For more details, please contact the Temple office.

We generally ask that *Makor* fees be paid by the first day of *Makor*. However, if you cannot pay your fees all at once, we are happy to work with you.

SABA Fund Application Deadline: October 1st!

The Nelson Burstein Educational Scholarship Fund, known as the SABA Fund, provides financial assistance for Temple Beth Or education fees, including *Makor*/religious school, Hebrew school, *bar* and *bat mitzvah* training, high school, and preschool. The SABA Fund may be used for up to 50% of the family's total educa-

tion fees and is dependent on the amount available in the Fund. Requests for financial assistance for the current school year will be accepted until October 1. All information will be handled with discretion. The application form and additional information are available from the Temple website or the Temple Office.

Download the SABA Fund application here:

<https://templebethor.com/nelson-burstein-scholarship-fund-info-and-application>



Makor 2022-23 Class Schedule

Sessions run from 9:30AM until noon unless otherwise indicated

Fall Semester (2022)

September 18th (Open House 10am-Noon)

(↑↑ Welcome Back Brunch, Song Session and Registration Day ↑↑)

October 2nd

October 9th

October 16th

October 23rd

October 30th

November 6th

November 13th

November 20th

December 4th

December 11th

December 18th

Spring Semester (2023)

January 15th (Drop-in 10am-Noon)

(↑↑ Tzedakah Project Day ↑↑)

January 22nd

January 29th

February 5th

February 12th

February 26th

March 5th

March 12th

March 19th

April 9th (10:30am-Noon)

(↑↑ Children's Seder ↑↑)

April 16th

April 23rd

April 30th

May 7th

Breaks & Days Off:

September 25th

November 27th

December 19th – January 14th

February 19th

March 25th – April 4th



Call For Vendors!

The 2022 Artisan Fair and Brisket Lunch will be Sunday, December 4. Come shop our many vendors and enjoy a brisket lunch by our Brisketeers!

The Artisan Fair committee needs your help identifying new vendors. If you know someone who might be interested in participating, please tell them about our Fair. And, as you visit festivals and fairs in our area, please keep the Artisan Fair in mind and collect a business card. Potential vendors can email us at JudaicaShop@TempleBethOr.com or call the Temple of- fice, 937-435-3400, for more information.

Save The Date!

Artisan Fair and Brisket Lunch

Sunday, December 4th

10:00 a.m. to 2:00 p.m.

Adult Education

What You Don't Know Can Hurt You: The Latest on Jewish Genetics and Hereditary Cancer

The Adult Education Committee of Temple Beth Or is pleased to offer this important program. You are invited to learn about hereditary cancer in the Ashkenazi Jewish community on September 14, 7:00-8:00 p.m., via Zoom, with time for questions during or after the presentation. Even if you don't have a strong family history, it's possible that you could carry a mutation in a cancer causing gene. It is especially important for all Ashkenazi Jews, both men and women, to consider genetic testing for cancer predisposition.

Peggy Cottrell, presenter, is a genetic counselor and the genetics program manager at Sharsheret. She has worked as a genetic counselor for twenty years in several cancer centers in the NY metropolitan area and taught at the genetic counseling program at Sarah Lawrence College. She has worked at Sharsheret, The Jewish Breast & Ovarian Cancer Community, for six years.

Please register at:

<https://go.oncehub.com/Jewishgenetics>

If you have questions, please contact Ruth Schumacher (ruth.schumacher@wright.edu 937-672-3368)

CANCER GENETICS FAST FACTS

1 in 40 Ashkenazi Jews, **BOTH MEN AND WOMEN**, carries a BRCA1 or BRCA2 gene mutation.

 SHARSHERET

Sharsheret Mission Statement

Sharsheret, a national non-profit organization, improves the lives of Jewish women and families living with or at increased genetic risk for breast or ovarian cancer through personalized support and saves lives through educational outreach.

While our expertise is in young women and Jewish families as related to breast cancer and ovarian cancer, Sharsheret programs serve all women and men.

September Chai-Lights

Friday, September 2, 6:30 p.m. Streaming

Pre-recorded Service streaming on Facebook and YouTube.

Friday, September 9, 6:30 p.m. In Person & Streaming

"Rock of Ages" *Shabbat*: Marc Rossio rocks the house as he and Rabbi Chessin lead a creative and musical *Shabbat* service.

Saturday, September 10, 10:00 a.m. In Person & On Zoom

Apocryphal Study: Join Rabbi Chessin and our study group as we continue to explore the book of Jubilees.

Wednesday, September 14, 7:00 p.m. On Zoom

What You Don't Know Can Hurt You: The Temple Beth Or Adult Education Committee is invites you to this important program. Please visit page 6 for information.

Friday, September 16, 6:30 p.m. In Person

Musical *Shabbat*: Join the Temple Beth Or Choir for a *Shabbat* service led by Rabbi Azriel.

Saturday, September 17, 9:00 p.m. At Beth Abraham

Our community rabbis and the Dayton Jewish Chorale will lead the Selichot Service which marks the beginning of the 5783 High Holiday season. The service will take place at Beth Abraham Synagogue with a sweets reception at 8:30 p.m. followed by the Service at 9:00 p.m.

Friday, September 23, 6:30 p.m. On Zoom

Zoomagogue: – *Shabbat* Zoom (only) Service with Rabbi Judy Chessin.

Sunday, September 25

8:00 p.m.: *Erev Rosh Hashanah* Service, live & streaming.

Monday, September 26

10:00 a.m. *Rosh Hashanah* Service, live & streaming

11:30 a.m. *Shofar* Service

12:00 p.m. Food Truck Luncheon

1:00 p.m. Family Interactive Service (live only)

Friday, September 30, 6:30 p.m. Streaming

Pre-recorded *Shabbat* Service.

HIGH HOLY DAYS SCHEDULE

Erev Rosh HaShanah

Sunday, September 25th

8:00 p.m. (Sanctuary)*

Evening Services

Oneg Shana to follow

First Day of *Rosh HaShanah*

Monday, September 26th

10:00 a.m.-11:30 a.m. (Sanctuary)*

Morning Services

11:30 a.m. (Sanctuary)*

Shofar Service

12:00-12:30 p.m. (Parking Lot)

Luncheon: Food Truck Options

1:00 p.m. (Parking Lot)

Outdoor Family Interactive Program

Kol Nidre

Tuesday, October 4th

8:00 p.m. (Sanctuary)*

Kol Nidre Services

Yom Kippur Morning

Wednesday, October 5th

10:00 a.m. (Sanctuary)*

Morning Services

11:30 a.m. (Parking Lot)

Outdoor Family Interactive Program

Yom Kippur Afternoon

Wednesday, October 5th

4:00 p.m. (Sanctuary)

Yizkor and *Neilah* Services

Break-the-Fast to follow

*Denotes event will be in-person and also available as a live-stream online.

Please review updated COVID Guidelines on Page 3





Temple Beth Or
5275 Marshall Road
Dayton OH 45429-5815

NON PROFIT ORG.
U.S. POSTAGE
PAID
DAYTON, OHIO
PERMIT NO. 1552

ADDRESS SERVICE REQUESTED

Together Again

Temple Beth Or invites you to join us
for the High Holy Days.

We offer in-person and live streaming services
for both *Rosh Hashanah* and *Yom Kippur*

Erev Rosh Hashanah, Sunday, Sept. 25
In-Person and Live Streaming, 8p

Rosh Hashanah, Monday, Sept. 26
In Person & Live Streaming Service,
10a-11:30a

Food Trucks at Temple Beth Or, 12p-12:30p
Outdoor Family Interactive Service, 1p



High Holy Days 5783 with Temple Beth Or

***Kol Nidre*, Tuesday, Oct. 4**

In-Person and Streaming Service, 8p

***Yom Kippur*, Wednesday, Oct. 5**

In-Person and Streaming Service, 10a
LIVE Outdoor Family Service, 11:30a

In-Person Yizkor and Ne'ilah, 4:00p

Services with Live Streaming will be
broadcast to Facebook and
YouTube